

Questionnaire for your
Coaching Strategy Session
with Sue Crum

Goal: To help you reach improved levels of focus, consistency, time management and taking back control of your environments.

Instructions: Please answer the questions below and on the following page to the best of your ability and email to me before our call.

Your Full Name: _____ Today's Date: _____

Phone Number: _____

Email: _____

Address: _____

City, State, Zip: _ _____

Occupation: _____

Please briefly describe how you heard about my coaching services and why you would like a Success Strategy Session with me:

Please rate yourself in the following areas of your life on a scale of 1 (lowest) to 10 (highest). Type your number under the 1 through 10 in each area:

Focus: 1 2 3 4 5 6 7 8 9 10

Do you feel you are able to focus your energy on the important tasks and projects before you?

Consistency: 1 2 3 4 5 6 7 8 9 10

Do you have consistency with your mental and physical energy and that you are motivated and happy?

Time Management: 1 2 3 4 5 6 7 8 9 10

Do you have a handle on where your time goes on a regular basis, getting accomplished what you want to each day?

Being In Control: 1 2 3 4 5 6 7 8 9 10

Do you feel you are in control of your environments and know how to de-clutter and organize your life and space?

1. What are the top 3 goals you would like to achieve right now?

2. What are your struggles right now preventing you from living the life you've imagined?

3. If you had a magic wand to make your life be just how you've dreamed it to be, what would it look like?

4. Are there other things that have stopped you from having the life you've imagined?

5. During the next 12 months, what 3 big improvements to your life would you like to make?

Thanks for taking the time to complete this.

Please email back to me your responses and after receiving them, I'll be in touch to set up your Free Success Strategy Session.

Save your completed form, attach it to an email and send to me at:

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